



CYCLE STUDIO WEEKLY SCHEDULE

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
12 - 4:30am	12:00 - 7:00 am Les Mills On Demand Virtual	12:00 - 6:30 am Les Mills On Demand Virtual	12:00 - 7:00 am Les Mills On Demand Virtual	12:00 - 7:00 am Les Mills On Demand Virtual	12:00 - 7:00 am Les Mills On Demand Virtual	12:00 - 7:00 am Les Mills On Demand Virtual	12:00 - 4:30 am Les Mills On Demand Virtual
5am							5:00 - 6:00 am Cycle Les Mills Virtual
6am		6:30 - 7:20 am Cycle Les Mills Virtual					6:00 - 6:50 am Cycle Les Mills Virtual
7am	7:00 - 7:50 am Cycle Les Mills Virtual		7:00 - 7:50 am Cycle Les Mills Virtual	7:00 - 7:50 am Cycle Les Mills Virtual	7:00 - 7:50 am Cycle Les Mills Virtual	7:00 - 7:50 am Cycle Les Mills Virtual	7:00 - 7:30 am Cycle Les Mills Virtual
8am	8:00 - 8:50 am Cycle Les Mills Virtual (30 Mins)		8:00 - 8:30 am Cycle Les Mills Virtual (30 Mins)				8:00 - 8:30 am Cycle Les Mills Virtual
9am							
10am	10:30 - 11:20 am Cycle Les Mills Virtual	10:00 - 10:30 am Cycle Les Mills Virtual		10:00 - 12:00 pm Cycle Les Mills On Demand Virtual			
11am	11:30 - 1:30 pm Cycle Les Mills On Demand Virtual						
12pm			12:00 - 12:50 pm Cycle Les Mills Virtual		12:00 - 12:50 pm Cycle Les Mills Virtual		
1pm		1:00 - 1:30 pm Cycle Les Mills Virtual (30 Mins)	1:30 - 3:30 pm Cycle Les Mills On Demand Virtual	1:30 - 3:30 pm Cycle Les Mills On Demand Virtual	1:00 - 1:30 pm Cycle Les Mills Virtual		12:30 - 1:20 pm Cycle Les Mills Virtual
2pm	1:30 - 2:20 pm Cycle Les Mills Virtual				2:00 - 5:50 pm Cycle Les Mills On Demand Virtual	2:00 - 2:30 pm Cycle Les Mills Virtual	1:30 - 2:00 pm Cycle Les Mills Virtual
3pm	3:30 - 4:00 pm Cycle Les Mills Virtual	3:00 - 5:00 pm Cycle Les Mills On Demand Virtual					
4pm				4:00 - 5:00 Cycle Les Mills On Demand Virtual			
5pm				5:00 - 5:30 pm Cycle Les Mills Virtual			
6pm					6:00 - 7:00 pm Cycle Les Mills Virtual	5:30 - 6:20 pm Cycle Les Mills Virtual	6:30 - 7:30 pm Cycle Les Mills Virtual
7pm		7:30 - 8:20 pm Cycle Les Mills Virtual		7:30 - 8:00 pm Cycle Les Mills Virtual	7:30 - 8:20 pm Cycle Les Mills Virtual	7:00 - 7:30 pm Cycle Les Mills Virtual	7:30 - 8:00 pm Cycle Les Mills Virtual
						7:30 - 8:00 pm Cycle Les Mills Virtual	
8pm	8:30 - 9:20 pm Cycle Les Mills Virtual	8:30 - 9:00 pm Cycle Les Mills Virtual		8:00 - 9:00 pm Cycle Les Mills Virtual	8:00 - 11:00 pm Les Mills On Demand Virtual	8:00 - 11:00 pm Les Mills On Demand Virtual	8:00 - 11:00 pm Les Mills On Demand Virtual
9pm	9:30 - 10:30 pm Cycle Les Mills Virtual	9:00 - 10:00 pm Cycle Les Mills Virtual	9:00 - 9:30 pm Cycle Les Mills Virtual	9:00 - 9:30 pm Cycle Les Mills Virtual			
10pm	10:30 - 11:00 pm Cycle Les Mills Virtual	10:00 - 10:30 pm Cycle Les Mills Virtual	10:30 - 11:00 pm Cycle Les Mills Virtual	10:30 - 11:00 pm Cycle Les Mills Virtual			
11pm							